



Grey Rock Texting Rules

Answer the question. Only the question.

DO

- Wait before you reply
- Answer the question, and only the question
- Keep to one topic per message
- Use periods
- Save anything that matters

BEFORE YOU HIT SEND

- ☐ Is there a real question?
- ☐ Did I answer only that?
- ☐ Can I delete a word?

DON'T

- Send paragraphs
- Clarify your tone
- Add emojis to soften it
- Reply to commentary
- Double-text
- Reply late at night

SAFE SHORT REPLIES

Okay.
Not available.
That doesn't work for me.
That works.

WHEN YOU HAVE TO REPLY

THEM

"Since you obviously can't plan anything, I guess I have to ask. Are you picking up Friday or not?"

YOU

Yes. 5:00.

THEM

"Must be nice to ignore everyone all weekend. Did you send the report?"

YOU

Sent Friday at 4:10.

**Say less than you want to.
Then delete a word.**